

# 東恩納盛男先生

HIGA

ON

NA

MORI

O

SEN

SEI

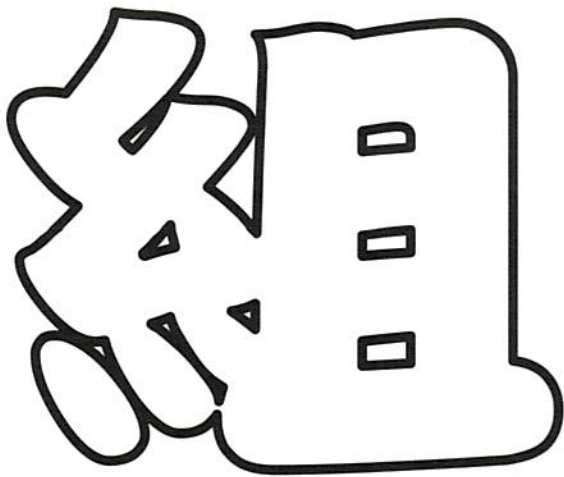
**SENSEI MORIO HIGAONNA**



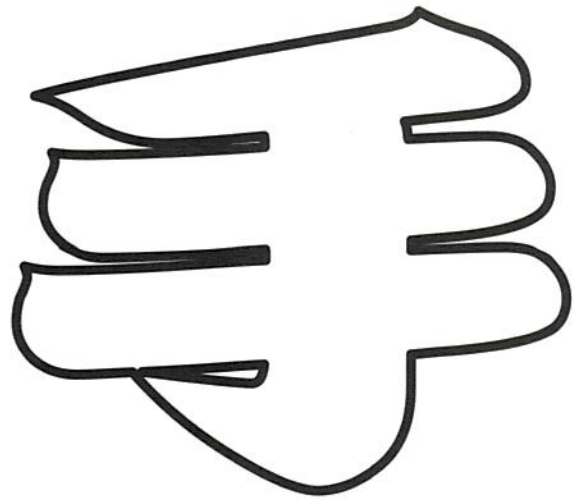
I.O.G.K.F.



Sensei Morio Higaonna (1938—) 10th degree black belt  
Founder & World Chief Instructor of International Okinawan Goju-Ryu Karate-Do Federation  
(I.O.G.K.F.)



KUMI



TE

# KUMITE

(Sparring)

